



# PROACTIVE SURVIVAL

BE READY FOR ANYTHING

Family  
Emergency  
Preparedness  
Handbook

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# EDC Essentials



USA FLAG PATCH  
INCLUDED



30 LITER

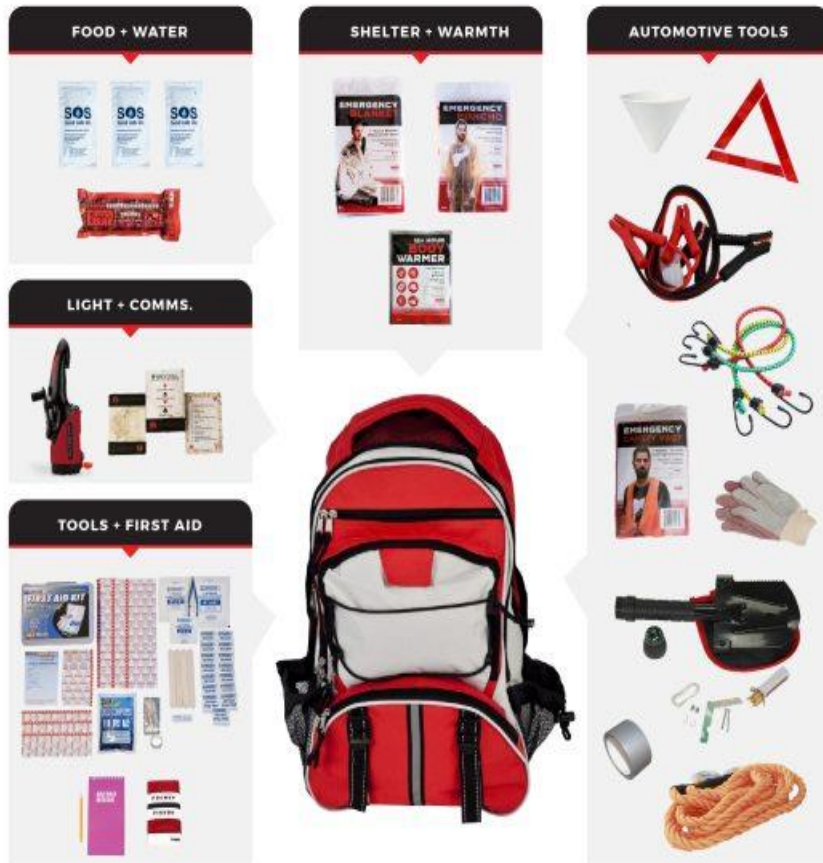
| Have It?                 | Recommended Item | Notes |
|--------------------------|------------------|-------|
| <input type="checkbox"/> | Cell Phone       |       |
| <input type="checkbox"/> | Charging Cable   |       |
| <input type="checkbox"/> | Power Bank       |       |
| <input type="checkbox"/> | Cash             |       |
| <input type="checkbox"/> | ID               |       |
| <input type="checkbox"/> | Flashlight       |       |
| <input type="checkbox"/> | Multi-tool       |       |
| <input type="checkbox"/> | Pocket Knife     |       |
| <input type="checkbox"/> | Lighter          |       |
| <input type="checkbox"/> | Whistle          |       |
| <input type="checkbox"/> | Water Bottle     |       |
| <input type="checkbox"/> | Medications      |       |

# 72-Hour Go Bag



| Have It?                 | Recommended Item  | Notes |
|--------------------------|-------------------|-------|
| <input type="checkbox"/> | Water             |       |
| <input type="checkbox"/> | Water Filter      |       |
| <input type="checkbox"/> | Food              |       |
| <input type="checkbox"/> | Emergency Blanket |       |
| <input type="checkbox"/> | Poncho            |       |
| <input type="checkbox"/> | First Aid Kit     |       |
| <input type="checkbox"/> | Headlamp          |       |
| <input type="checkbox"/> | Radio             |       |
| <input type="checkbox"/> | Map               |       |
| <input type="checkbox"/> | Compass           |       |
| <input type="checkbox"/> | Paracord          |       |
| <input type="checkbox"/> | Cash              |       |

# Vehicle Preparedness

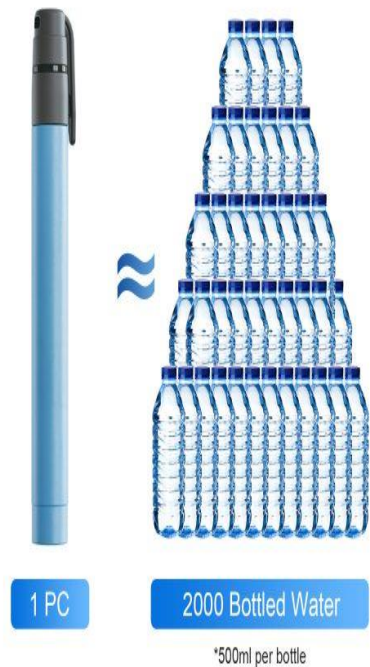


| Have It?                 | Recommended Item     | Notes |
|--------------------------|----------------------|-------|
| <input type="checkbox"/> | Jumper Cables        |       |
| <input type="checkbox"/> | Air Compressor       |       |
| <input type="checkbox"/> | Flashlight           |       |
| <input type="checkbox"/> | Blanket              |       |
| <input type="checkbox"/> | Water                |       |
| <input type="checkbox"/> | Food Bars            |       |
| <input type="checkbox"/> | Gloves               |       |
| <input type="checkbox"/> | Tool Kit             |       |
| <input type="checkbox"/> | Phone Charger        |       |
| <input type="checkbox"/> | Reflective Triangles |       |

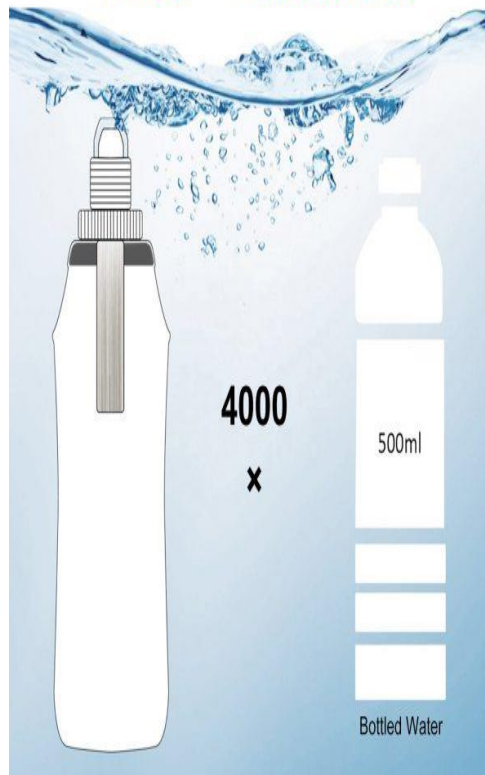
# Water Storage



## Powerful Filtration Technology



1 Filter = 4000 Bottles



| Have It?                 | Recommended Item     | Notes |
|--------------------------|----------------------|-------|
| <input type="checkbox"/> | 1 Gallon/day/person  |       |
| <input type="checkbox"/> | Storage Containers   |       |
| <input type="checkbox"/> | Water Filter         |       |
| <input type="checkbox"/> | Purification Tablets |       |
| <input type="checkbox"/> | Rotation Schedule    |       |

[illegible]

| Have It?                 | Recommended Item   | Notes |
|--------------------------|--------------------|-------|
| <input type="checkbox"/> | 72 Hour Supply     |       |
| <input type="checkbox"/> | 2 Week Supply      |       |
| <input type="checkbox"/> | 30 Day Supply      |       |
| <input type="checkbox"/> | Manual Can Opener  |       |
| <input type="checkbox"/> | Special Diet Items |       |

# First Aid Readiness



| Have It?                 | Recommended Item | Notes |
|--------------------------|------------------|-------|
| <input type="checkbox"/> | Bandages         |       |
| <input type="checkbox"/> | Gauze            |       |
| <input type="checkbox"/> | Tape             |       |
| <input type="checkbox"/> | Antiseptic       |       |
| <input type="checkbox"/> | Pain Reliever    |       |
| <input type="checkbox"/> | Tourniquet       |       |
| <input type="checkbox"/> | Gloves           |       |
| <input type="checkbox"/> | Medications      |       |

# Family Emergency Plan



| Have It?                 | Recommended Item     | Notes |
|--------------------------|----------------------|-------|
| <input type="checkbox"/> | Meeting Location     |       |
| <input type="checkbox"/> | Out of State Contact |       |
| <input type="checkbox"/> | Emergency Contacts   |       |
| <input type="checkbox"/> | Medical Info         |       |
| <input type="checkbox"/> | Evacuation Route     |       |



| Have It?                 | Recommended Item | Notes |
|--------------------------|------------------|-------|
| <input type="checkbox"/> | Food             |       |
| <input type="checkbox"/> | Water            |       |
| <input type="checkbox"/> | Medications      |       |
| <input type="checkbox"/> | Leash            |       |
| <input type="checkbox"/> | Carrier          |       |
| <input type="checkbox"/> | Vet Records      |       |
| <input type="checkbox"/> | Microchip Info   |       |

# DIY vs Ready-Made Kits



| Have It?                 | Recommended Item | Notes |
|--------------------------|------------------|-------|
| <input type="checkbox"/> | Cost             |       |
| <input type="checkbox"/> | Convenience      |       |
| <input type="checkbox"/> | Customization    |       |
| <input type="checkbox"/> | Time Required    |       |

# Preparedness Calendar



| Month     | Have It (Y/N) | Recommended Activity / Item                      | Notes |
|-----------|---------------|--------------------------------------------------|-------|
| January   |               | Review family emergency plan and contact list    |       |
| January   |               | Update emergency contact information             |       |
| February  |               | Check smoke and CO detector batteries            |       |
| February  |               | Review home fire escape plan                     |       |
| March     |               | Inspect first aid kits and replace expired items |       |
| March     |               | Review prescription medication stock             |       |
| April     |               | Severe weather preparedness review               |       |
| April     |               | Inspect flashlights and emergency lighting       |       |
| May       |               | Check water storage and rotate supplies          |       |
| May       |               | Inspect generator and fuel supplies              |       |
| June      |               | Update household inventory for insurance         |       |
| June      |               | Review evacuation routes and meeting locations   |       |
| July      |               | Test communication plan during family gathering  |       |
| July      |               | Inspect emergency power banks and chargers       |       |
| August    |               | Back up important documents digitally            |       |
| August    |               | Review school emergency contacts and plans       |       |
| September |               | National Preparedness Month family drill         |       |
| September |               | Review go-bags and replenish supplies            |       |
| October   |               | Winter preparedness inspection                   |       |
| October   |               | Check blankets, heaters, and cold-weather gear   |       |
| November  |               | Rotate stored food and check expiration dates    |       |
| November  |               | Review financial emergency fund status           |       |
| December  |               | Annual emergency plan review                     |       |
| December  |               | Set preparedness goals for next year             |       |
|           |               |                                                  |       |

# Master Checklist



| Category           | Have It (Y/N) | Recommended Item                       | Notes |
|--------------------|---------------|----------------------------------------|-------|
| Emergency Contacts |               | Printed family contact list            |       |
| Emergency Contacts |               | Out-of-state emergency contact         |       |
| Emergency Contacts |               | Utility company emergency numbers      |       |
| Communication      |               | Family communication plan              |       |
| Communication      |               | Charged power banks                    |       |
| Communication      |               | Battery-powered/hand-crank radio       |       |
| Communication      |               | Extra phone charging cables            |       |
| Documents          |               | Copies of IDs and passports            |       |
| Water              |               | 1 gallon per person per day (3-7 days) |       |
| Water              |               | Water purification tablets/filter      |       |
| Food               |               | 3-7 day supply of nonperishable food   |       |
| Food               |               | Manual can opener                      |       |
| Food               |               | Infant/special dietary supplies        |       |
| First Aid          |               | Comprehensive first aid kit            |       |
| First Aid          |               | Prescription medications (7-30 days)   |       |
| First Aid          |               | Pain relievers and basic medicines     |       |
| First Aid          |               | Extra eyeglasses/contact supplies      |       |
| Safety & Shelter   |               | Flashlights                            |       |
| Safety & Shelter   |               | Extra batteries                        |       |
| Safety & Shelter   |               | Go Bag for each family member          |       |
| Safety & Shelter   |               | Emergency blankets/sleeping bags       |       |
| Tools & Supplies   |               | Multi-tool                             |       |
| Tools & Supplies   |               | Cash in small bills                    |       |
| Hygiene            |               | Toilet paper                           |       |
| Hygiene            |               | Hand sanitizer                         |       |
| Hygiene            |               | Soap and hygiene products              |       |
| Hygiene            |               | Feminine hygiene items                 |       |
| Children           |               | Diapers and wipes                      |       |
| Pets               |               | Emergency pet kit                      |       |
| Evacuation         |               | Local evacuation routes map            |       |
| Evacuation         |               | Vehicle emergency kit                  |       |